

2008 COLGATE VOLLEYBALL CAMP

ELITE CAMP

Girls Entering the 9th grade up to incoming college first years in the Fall 2008
OVERNIGHT CAMP

This full-day comprehensive volleyball camp is designed to prepare the serious athlete for high quality high school varsity performance, as well as preparation for collegiate play. This advanced camp will offer detailed instruction in all volleyball skills and team systems—team training, specialized sessions and game play.

OPTIONS:

* **Overnight:** Includes room in a supervised Colgate dorm, three meals/day, 19+ hours of volleyball instruction, recreational activities and a camp T-shirt.

* **Commuter:** Includes two meals/day (excludes breakfast), 19+ hours of volleyball instruction, recreational activities and a camp T-shirt.

DATES: July 6-9, 2009

COST: * Overnight \$425.00 per camper
* Commuter \$400.00 per camper

OVERNIGHT CHECK IN: July 6th 6 PM
COMMUTER CHECK IN: July 7th 8:30 AM
Reid Athletic Center

CAMP BEGINS: 9:00 AM July 7
CAMP ENDS: 12:00 PM July 9



COLGATE VOLLEYBALL 2008 Schedule

August 29-30 COLGATE CLASSIC
Sept. 5-6 Duke Invitational
September 12-13 Yale Classic
September 19-30 Colgate Invitational

PATRIOT LEAGUE

September 26 at American *
September 27 at Navy*
October 3 at Holy Cross *
October 4 at Army *
October 11 at Bucknell *
October 17 Navy *
October 18 American *
October 24 at Lehigh *
October 25 at Lafayette *
November 1 Bucknell *
November 7 Army *
November 8 Holy Cross *
November 14 Lafayette *
November 15 Lehigh *
November 21 Patriot League Semifinals
November 22 Patriot League Championship

BOLD indicates home contests

* Patriot League Contests

COACHING STAFF



Ryan Baker

Camp Director

Ryan Baker is in his third year as the head coach of the Colgate volleyball program.

Baker led the Raiders to two of their finest seasons in the past 10 years in his first two seasons at the helm. He was named the 2007 Patriot League Coach of the Year after leading the Raiders to a 17-13 overall mark in 2007.

Under his guidance, Colgate advanced to the Patriot League Championship game for the first time since 2000 and posted its first winning season since 1996. Baker mentored three all-league players, including the Patriot League Co-Defensive and Rookie of the Year.

In his first season at the helm, Baker led the Raiders to a 14-15 overall and had two players captured all-league awards and Jackie Adlam was named the Patriot League Defensive Player of the Year.

Baker came to Clarkson where he coached the Golden Knights to a 22-11 record in 2004. Baker graduated from Ithaca with a bachelor's degree in broadcast journalism in 2003 and completed his master's degree in sport psychology in 2007.

ITEMS TO BRING

- Water bottle
- T-shirts (at least 9), shorts and socks
- 2 Long sleeve shirts for defense
- Knee Pads
- Volleyball or indoor court shoes
- Linens, pillow, toiletries, towel, and other essentials for residential campers
- Swim suit/towel

TRANSPORTATION

There is a \$50 round trip charge for this service. Pick-ups can be accommodated from the Syracuse Airport and the Utica Train/Bus Station ONLY. Arrangements must be made 2 weeks in advance.

QUESTIONS

For questions about Colgate University Volleyball Camps, please contact the Colgate Volleyball office at (315) 228-7969 or rebaker@colgate.edu

COLGATE VOLLEYBALL CAMP

MEDICAL FORM

Name of Camper: _____

Primary Phone: _____

Emergency Phone: _____

Medical Insurance Company: _____

Policy Number: _____

Answer each below—Circle Y for “yes” and N for “no”

Y / N Have you ever experienced an epileptic seizure or been informed that you might have epilepsy?

Y / N Have you ever been treated for diabetes?

Y / N Have you ever been told you have a heart murmur?

Y / N Have you been “knocked out” or experienced a concussion in the past 3 years? Give dates: _____

Y / N Do you wear contact lenses? If yes, do you wear them during athletic participation? Y / N

Y / N Have you had a fracture during the past 2 years? Indicate area and dates: _____

Y / N Have you experienced a severe sprain, dislocation or other orthopedic problem? Indicate area, problem and dates: _____

Y / N Have you had any surgery during the past year? Indicate area and dates: _____

Y / N Have you ever been advised by a medical doctor not to participate in sports? Why? _____

Y / N Are you currently on any medications? Please list: _____

Y / N Do you have any allergies? List: _____

Y / N Are you allergic to any medication? Please list: _____

Y / N Do you experience any problems with menstruation? Please indicate: _____

Y / N Have you had a tetanus shot? When? _____

I, _____, of _____, (parent/guardian) (address)

City of _____, County of _____, State of _____ have legal custody of _____, a minor, age _____ years, born ____/____/____, who resides with me at the address set forth above. I authorize Ryan Baker, as administrator of the Colgate Volleyball Camp, to any x-ray examination, anesthetic, medical or surgical diagnosis or treatment, and hospital care necessitated by injury or illness incurred while the above name child is attending the Colgate volleyball camps. Such treatment is to be rendered to the minor under general or special supervision and on the advice of a physician or surgeon licensed to practice in the State of New York. I also certify that _____ is in good health and able to take part in the 2008 Colgate Volleyball Camp.

_____/____/____
Signature of Parent or Guardian DATE

COLGATE VOLLEYBALL CAMP

REGISTRATION FORM

Name _____

Age: _____ Grade for Fall 2008: _____ Height: _____

Parents/Guardian: _____

Address: _____

City, State, Zip: _____

H Phone: _____ W: _____

Email: _____

Full Name of School you are attending Fall of 2008: _____

POSITION (check one)

S OH MB DS Libero

T-SHIRT SIZE (check one)

SM MED 8-10 LG 10-12 XL 12-14

CAMP OPTIONS (check appropriate box)

ELITE OVERNIGHT CAMP (deposit: \$100)

July 6-9, 2008

Residential @ \$425.00 per camper

Check in is on July 6th for Residential

Commuter @ \$400.00 per camper

Check in is on July 7th for Residential

\$50 Airport or Train transportation fee to and from the Colgate campus.

Please complete BOTH sides of this form and mail with your check to:

Cristina Pintilie
Colgate University Volleyball Camp
13 Oak Drive
Hamilton, NY 13346

Make checks payable to:

Colgate University Volleyball

DISCOUNTS

Early Bird Special may be combined with either the Faculty/Staff discount OR the Team Special.

- **Faculty/Staff:** A discount of \$25 applies to the child of any Colgate faculty or staff member.
- **Early Bird Special:** A discount of \$10 will apply to registrations postmarked by MAY 14
- **Team Special:** Teams bringing six (6) or more campers will receive a discount of \$75 per camper (forms must be sent together).

DEPOSIT/PAYMENT

DUE: June 27, 2008

Include the required non-refundable deposit, or full camp tuition to guarantee your enrollment in camp. Please make sure the entire form is filled out in full (leaving no space blank). Send your check (with campers name written on it) and registration form to:

Cristina Pintilie
Colgate University Volleyball Camp
13 Oak Drive
Hamilton, NY 13346

Make checks payable to:

Colgate University Volleyball

REFUNDS:

Refunds **minus** the non-refundable deposit will be made if cancellation is received in the Colgate Volleyball Office by 5:00 PM **30 days prior** to the start of camp. After that date and time, no refunds will be made.

<http://gocolgateraiders.com>